CSAs
CSAs (community supported agriculture) are a great way to support local farmers and enjoy fresh produce all summer long. If one share is too much for your household alone, consider splitting it among friends.

farm school csa
488 moore hill rd., athol
978-249-9944
www.farmschool.org
$400-$675 per share

heirloom harvest community farms
p.o. box 1031, westborough
(508) 963-7792
www.heirloomharvestcsa.com
$575 per share

the food project csa
p.o. box 705, lincoln
(781) 259-8621
www.thefoodproject.org
$400 per share

ol' turtle farm
385 east st., easthampton
(413) 527-9122
www.olturtlefarm.com
$425-$525 per share

brookfield farm
24 hulst rd., south amherst
(413) 253-7991
www.brookfieldfarm.org
$400 per share

did you know that...

...there are 6,100 farms in MA, comprising about 570,000 acres of land...

...more than 80% of MA farms are family-owned...

...MA leads New England in direct sales of agricultural products from farm to consumer...

...MA is the second largest producer of cranberries and the third largest producer of wild blueberries in the US...

...in 1945 MA had more than 2 million acres of farmland...

...since 1945 MA has lost an average of 40,000 acres of farmland a year...

...only 1,269 acres of MA farmland is certified organic...

...MA has approximately 95 farmer's markets and about 400 farmstands..

sustainable foods:
a guide to conscious eating in the boston area

- restaurants
- groceries
- farmer's markets
- CSAs

compiled by molly pindell
march 2005
restaurants
The following restaurants are committed to supporting local farmers and using sustainable ingredients.

casablanca
40 brattle st.
cambridge
617-876-0999

centre street café
669a centre st.
jamaica plain
617-524-9217

garden of eden café
572 tremont st.
boston
617-247-8377

henrietta’s table
the charles hotel
one bennett st.
cambridge
617-661-5005

nashoba brook bakery
288 columbus ave.
boston
617-236-0777

oleana
134 hampshire st.
cambridge
617-661-0505

perdix
560 tremont st.
boston
617-338-8070

sel de la terre
225 state st.
boston
617-720-1300

the independent bar and restaurant
75 union square
somerville
617-440-6022
www.theindo.com

veggie planet/club passim
47 palmer st.
harvard square
Cambridge
617-661-1513
www.veggieplanet.net

groceries
These days local and organic products can be found at most supermarkets, but the following places specialize in them.

harvest co-op
581 massachusetts ave.
cambridge
617-661-1580
www.harvestcoop.com

whole foods
15 westland ave., boston
115 prospect st., cambridge

340 river st., cambridge
200 alewife parkway, cambridge

boston organics
weekly produce delivery
978-465-8466
www.bostonorganics.com
During the summer months, look for fruits and vegetables with the Red Tomato sticker at local supermarkets. This Canton-based non-profit markets local farm produce to Boston area grocery stores.

farmer’s markets
Boston has a number of wonderful farmer’s markets, which are generally open from May through Thanksgiving.

central square, cambridge
bishop allen drive, parking lot #5
mondays 12-6

city hall plaza, boston
mondays and wednesdays 11-6

copley square, boston
tuesdays 11-6

tuesdays 11-6

the food project farmer’s markets
dudley town center, roxbury
thursdays 4-7
boston children’s museum
tuesdays 4-6:30